



## PARENT/GUARDIAN CHECKLIST

Use this checklist to help prepare for a safe environment for your son/daughter.

### Before you Leave Home

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- DO NOT leave home if you are feeling unwell or showing signs of COVID-19 Symptoms (Fever, Cough, Shortness of Breath, Sore Throat or Runny Nose).
- Check for fields closures.
- Eat before you come – no food or drink on premises.
- Thoroughly wash your hands with soap and warm water.
- Thoroughly wash water bottles with soap and warm water.
- Use the washroom.
- Register your attendance for contact tracing.

### Arrival at Field/Facility

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- Drop player off at facility entrance.
- Respect social distancing guidelines.
- Consider wearing PPE (masks, gloves).
- Consider bringing personal hand sanitizer.

### After activity is Complete

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- NO LOITERING.
- Respect social distancing guidelines.
- Pick player up at facility exit.
- Leave facility parking lot.

